

This competition is run under Hamilton Aquatics promoters' conditions and has been approved by Dubai Sports Council. Hamilton Aquatics reserve the right to cancel the competition based on advice from Dubai Sports Council

Venue: Hamdan Bin Mohammed Bin Rashid Sports Complex, Dubai, UAE
[Please click here for directions](#)

Pool: 50m, 10 lanes, with anti-wave lane ropes

Timing: An Omega Timing System will be used

Date: 28-29 May 2021

Closing Date: **15 May 2021 – Saturday at 12 midday (Dubai)**

The Hamilton Aquatics Summer Sizzler provides opportunity for swimmers to demonstrate the skills they have learned and the development they have made during the season. For this year, this competition was designed in a way that will ensure more swimmers get the opportunity to compete under the current guidelines which limits us to only 350 swimmers in any session. We also have developed a way to ensure the cost per swim is as low as possible. Events information are as follows:

Session	Events	Age Groups	Entry Fee
1 & 4	50m on all strokes	Girls & Boys: 7-8*	AED 50 per event
	50m and 100m on all strokes 200m Freestyle 200m Individual Medley	Girls & Boys: 9, 10, 11	AED 120 per session for a maximum of 3 events AED 50 per additional event
2 & 5	200m on all strokes 200m Individual Medley 400m Freestyle and Individual Medley	Girls: 12/under, 13, 14-15, 16/over Boys: 12/under, 13, 14, 15-16, 17/over	AED 50 per event
3 & 6	50m on all strokes 100m on all strokes	Girls: 12, 13, 14-15, 16/over Boys: 12,13, 14, 15-16, 17/over	AED 120 per session for a maximum of 3 events AED 50 per additional event

* 7-8yrs no qualifying times

Eligibility of Age: Age as of 31 December 2021

Winners: All events will be heat declared winner

Awards: Medals for 1st to 3rd in each age group

Price: Session 1 and 4 – AED 120 per session for a maximum of 3 events and AED 50 additional event (9-11yrs)
– AED50 per event (7-8yrs)

(inclusive of VAT)

Session 2 and 5 – AED 50 per event

Session 3 and 6 – AED 120 per session for a maximum of 3 events and AED 50 per additional event

Prices mentioned above are for teams entering using Hy-tek.

Additional AED 10 will be added for paper entries.

Instructions on entering using Hy-tek are available on the Hamilton Aquatics website [here](#).

Entries: Team entries can be made using Hy-tek and sent via email to competitions@hamiltonaquatics.ae. The entry file is available on request.

All individual entries MUST be made via email to competitions@hamiltonaquatics.ae. Entry forms are available on request.

All entries MUST have a proof of time and should be sent with the entries.

By submitting entry, participants agree to the conditions of entry for the competition and the Hamilton Aquatics Promoters Conditions.

Entry Conditions: Hamilton Aquatics Performance swimmers will be able to enter the Hamilton Aquatics Open Meets without an entry time at the discretion of the coaching team.

Hamilton Aquatics swimmers will be able to enter 200m and 400m events without an entry time at the discretion of the coaching team.

Swimmers will be considered for entry if their entry time is faster than the advertised consideration times. In the event of oversubscription, the slowest swimmers in each event, in each age group will be rejected – this applies to visiting clubs only.

50m Events for 7-8 years

There will be no qualifying times.

Swimmers must have an official recorded time to be considered for entry.

Total spaces will be limited based on the 3 hour per session timeline. In the event of oversubscription, the slowest swimmers in each event will be rejected.

Guidelines: All entrants will proceed to the main entrance where temperature will be checked by Hamdan Security Guards.

Swimmers, coaches and spectators must always adhere to a minimum 2m social distance.

Each swimming club will have their own designated athlete zone in the seating area.

Spectators will also be given allocated seats with social distance measures in place.

All staff, spectators and coaches must always wear a face mask (no face shields allowed).

Swimmers must wear masks into the facility and only be removed when preparing to enter the swimming pool.

Athletes will enter and exit poolside via the one-way system.

Should any users (parents/spectators, coaches or athletes) fail to comply with the rules they will receive a verbal warning and repeat offenders will be asked to leave the venue and not permitted to continue activities (refunds will not be granted).

Payments: A single payment covering all entries must be made by each entering club or individual. Payments must be made in advance via Bank Transfer or by a cheque and delivered to Hamilton Aquatics Office at 604 Detroit House Building, Motor City, Dubai.

Cheques must be made payable to "Hamilton Aquatics Swimming Training"
Bank transfer information is noted on the invoice.

Cash payments will not be accepted on event day.

**Coach passes:
(Inclusive of VAT)** AED 100 for the weekend.

One **FREE** coach pass and one free team manager pass will be issued.

The increase in a free team manager pass is to ensure there is adequate support for teams to ensure social distancing is maintained at all times. If you require more coach or team manager passes, please email competitions@hamiltonaquatics.ae.

Coach passes are for coaches only and cannot be shared.
Coaches must wear the coach pass provided at all times.

Please note that the ratio of additional coach passes is 10 swimmers to 1 coach. Coach passes will only be issued with a valid UAE swimming federation membership or valid police check and proof of local Swimming Federation membership or similar. Any coach pass purchased on the day will be subject to an additional AED 25 administration fee.

Warm-Ups: Full details will be available together with the final information.

**Spectators:
(Inclusive of VAT)** AED 30 per session
AED 50 for 2 sessions
AED 70 per day
Children under 12 years are free
Spectator pass must purchase in advance. Full details are to follow.

Meet Mobile: The Meet Mobile app is free to download from the Apple App Store (iPhone Apps) and Google Play and will allow access to heat sheets and results throughout the weekend. **Please note that this is not a free app.**

Live Results: Live results are available on the Hamilton Aquatics website at www.hamiltonaquatics.ae/live-results. Results will be updated at the end of each event. Results can be accessed via your mobile phone or tablet using mobile data. Hamilton Aquatics will not provide public Wi-Fi access.

All swimmers entering Hamilton Aquatics Competitions with a UAE based club should be registered with the UAE Swimming Federation. Overseas swimmers should be registered with the Swimming Federation or National Governing Body with which their club is affiliated. Hamilton Aquatics reserve the right to reject entries if either of these stipulations are not adhered to.

Programme of Events

Friday – 28 May 2021

Session 1		Warm Up 08.00		Start 09.00	
Event No.	101	100m Freestyle	Girls	9, 10, 11	HDW
	102	100m Freestyle	Boys	9, 10, 11	HDW
	103	50m Breaststroke	Girls	7-8*	HDW
	104	50m Breaststroke	Boys	7-8*	HDW
	105	50m Breaststroke	Girls	9, 10, 11	HDW
	106	50m Breaststroke	Boys	9, 10, 11	HDW
	107	100m Backstroke	Girls	9, 10, 11	HDW
	108	100m Backstroke	Boys	9, 10, 11	HDW
	109	50m Butterfly	Girls	7-8*	HDW
	110	50m Butterfly	Boys	7-8*	HDW
	111	50m Butterfly	Girls	9, 10, 11	HDW
	112	50m Butterfly	Boys	9, 10, 11	HDW
	113	200m Freestyle	Girls	9, 10, 11	HDW
	114	200m Freestyle	Boys	9, 10, 11	HDW

Session 2		Warm Up TBC		Start TBC	
Event No.	201	400m Freestyle	Girls	12/u, 13, 14-15, 16/o	HDW
	202	400m Freestyle	Boys	12/u, 13, 14, 15-16, 17/o	HDW
	203	200m Backstroke	Girls	12/u, 13, 14-15, 16/o	HDW
	204	200m Backstroke	Boys	12/u, 13, 14, 15-16, 17/o	HDW
	205	200m Individual Medley	Girls	12/u, 13, 14-15, 16/o	HDW
	206	200m Individual Medley	Boys	12/u, 13, 14, 15-16, 17/o	HDW

Session 3		Warm Up TBC		Start TBC	
Event No.	301	100m Butterfly	Girls	12, 13, 14-15, 16/o	HDW
	302	100m Butterfly	Boys	12, 13, 14, 15-16, 17/o	HDW
	303	50m Breaststroke	Girls	12, 13, 14-15, 16/o	HDW
	304	50m Breaststroke	Boys	12, 13, 14, 15-16, 17/o	HDW
	305	100m Backstroke	Girls	12, 13, 14-15, 16/o	HDW
	306	100m Backstroke	Boys	12, 13, 14, 15-16, 17/o	HDW
	307	50m Freestyle	Girls	12, 13, 14-15, 16/o	HDW
	308	50m Freestyle	Boys	12, 13, 14, 15-16, 17/o	HDW

* 7-8yrs no qualifying times

Programme of Events

Saturday – 29 May 2021

Session 4		Warm Up 08.00		Start 09.00	
Event No.	401	100m Butterfly	Girls	9, 10, 11	HDW
	402	100m Butterfly	Boys	9, 10, 11	HDW
	403	50m Backstroke	Girls	7-8*	HDW
	404	50m Backstroke	Boys	7-8*	HDW
	405	50m Backstroke	Girls	9, 10, 11	HDW
	406	50m Backstroke	Boys	9, 10, 11	HDW
	407	100m Breaststroke	Girls	9, 10, 11	HDW
	408	100m Breaststroke	Boys	9, 10, 11	HDW
	409	50m Freestyle	Girls	7-8*	HDW
	410	50m Freestyle	Boys	7-8*	HDW
	411	50m Freestyle	Girls	9, 10, 11	HDW
	412	50m Freestyle	Boys	9, 10, 11	HDW
	413	200m Individual Medley	Girls	9, 10, 11	HDW
	414	200m Individual Medley	Boys	9, 10, 11	HDW

Session 5		Warm Up TBC		Start TBC	
Event No.	501	200m Freestyle	Girls	12/u, 13, 14-15, 16/o	HDW
	502	200m Freestyle	Boys	12/u, 13, 14, 15-16, 17/o	HDW
	503	200m Butterfly	Girls	12/u, 13, 14-15, 16/o	HDW
	504	200m Butterfly	Boys	12/u, 13, 14, 15-16, 17/o	HDW
	505	200m Breaststroke	Girls	12/u, 13, 14-15, 16/o	HDW
	506	200m Breaststroke	Boys	12/u, 13, 14, 15-16, 17/o	HDW
	507	400m Individual Medley	Girls	12/u, 13, 14-15, 16/o	HDW
	508	400m Individual Medley	Boys	12/u, 13, 14, 15-16, 17/o	HDW

Session 6		Warm Up TBC		Start TBC	
Event No.	601	100m Freestyle	Girls	12, 13, 14-15, 16/o	HDW
	602	100m Freestyle	Boys	12, 13, 14, 15-16, 17/o	HDW
	603	50m Butterfly	Girls	12, 13, 14-15, 16/o	HDW
	604	50m Butterfly	Boys	12, 13, 14, 15-16, 17/o	HDW
	605	100m Breaststroke	Girls	12, 13, 14-15, 16/o	HDW
	606	100m Breaststroke	Boys	12, 13, 14, 15-16, 17/o	HDW
	607	50m Backstroke	Girls	12, 13, 14-15, 16/o	HDW
	608	50m Backstroke	Boys	12, 13, 14, 15-16, 17/o	HDW

* 7-8yrs no qualifying times

Hamilton Aquatics Summer Sizzler Qualifying Times

Sessions 1 and 4

	Female				Male		
	9yrs	10yrs	11yrs	EVENTS	9yrs	10yrs	11yrs
Qualification Time	00:41.25	00:39.18	00:35.33	50m Butterfly	00:40.24	00:38.22	00:34.46
Consideration Time	00:51.56	00:48.97	00:44.17		00:50.30	00:47.78	00:43.08
Qualification Time	01:35.77	01:31.05	01:22.28	100m Butterfly	01:30.37	01:25.91	01:17.62
Consideration Time	01:59.71	01:53.81	01:42.85		01:52.96	01:47.39	01:37.02
Qualification Time	00:47.13	00:44.78	00:40.41	50m Backstroke	00:41.94	00:39.83	00:35.93
Consideration Time	00:58.91	00:55.98	00:50.52		00:52.42	00:49.79	00:44.91
Qualification Time	01:37.79	01:32.98	01:24.03	100m Backstroke	01:35.45	01:30.75	01:22.00
Consideration Time	02:02.24	01:56.23	01:45.04		01:59.31	01:53.44	01:42.51
Qualification Time	00:49.24	00:46.80	00:42.24	50m Breaststroke	00:42.00	00:39.89	00:35.98
Consideration Time	01:01.56	00:58.49	00:52.80		00:52.50	00:49.87	00:44.98
Qualification Time	01:51.16	01:45.71	01:35.58	100m Breaststroke	01:47.33	01:42.06	01:32.27
Consideration Time	02:18.96	02:12.14	01:59.47		02:14.16	02:07.58	01:55.33
Qualification Time	00:37.43	00:35.54	00:32.03	50m Freestyle	00:35.49	00:33.70	00:30.36
Consideration Time	00:46.78	00:44.43	00:40.04		00:44.37	00:42.12	00:37.95
Qualification Time	01:22.13	01:18.06	01:10.50	100m Freestyle	01:18.77	01:14.86	01:07.60
Consideration Time	01:42.66	01:37.58	01:28.12		01:38.46	01:33.58	01:24.49
Qualification Time	02:59.21	02:50.44	02:34.13	200m Freestyle	02:58.20	02:49.48	02:33.26
Consideration Time	03:44.01	03:33.05	03:12.67		03:42.75	03:31.85	03:11.58
Qualification Time	03:28.33	03:18.17	02:59.29	200m Individual Medley	03:23.01	03:13.10	02:54.69
Consideration Time	04:20.41	04:07.72	03:44.11		04:13.76	04:01.38	03:38.36

Times can be achieved in either a 25m or 50m pool. 25m times must be converted to 50m times.

Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 01 January 2020.

The promoter will request validation of any stated entry time.

Hamilton Aquatics Summer Sizzler Qualifying Times

Sessions 2, 3, 5 and 6

	Female				EVENTS	Male				
	12yrs	13yrs	14-15yrs	16yrs/over		12yrs	13yrs	14yrs	15-16yrs	17yrs/over
Qualifying Time	00:31.14	00:31.11	00:30.11	00:29.51	50m Freestyle	00:32.53	00:31.42	00:29.72	00:28.16	00:27.06
Consideration Time	00:35.81	00:35.77	00:34.62	00:33.94		00:37.41	00:36.13	00:34.18	00:32.39	00:31.12
Qualifying Time	01:09.76	01:07.55	01:05.07	01:04.09	100m Freestyle	01:11.68	01:09.02	01:04.52	01:01.62	00:58.59
Consideration Time	01:20.22	01:17.69	01:14.83	01:13.70		01:22.43	01:19.37	01:14.19	01:10.86	01:07.38
Qualifying Time	02:34.53	02:28.55	02:21.79	02:19.33	200m Freestyle	02:36.22	02:31.05	02:22.69	02:16.79	02:08.76
Consideration Time	02:57.71	02:50.83	02:43.06	02:40.23		02:59.65	02:53.71	02:44.09	02:37.31	02:28.08
Qualifying Time	05:27.20	05:10.15	04:57.97	04:52.19	400m Freestyle	05:33.57	05:23.21	05:07.97	04:53.41	04:36.05
Consideration Time	06:16.28	05:56.67	05:42.66	05:36.02		06:23.60	06:11.69	05:54.16	05:37.43	05:17.46
Qualifying Time	00:37.58	00:36.92	00:34.27	00:33.90	50m Backstroke	00:36.78	00:36.08	00:34.29	00:33.04	00:31.06
Consideration Time	00:43.22	00:42.45	00:39.41	00:38.98		00:42.30	00:41.49	00:39.44	00:37.99	00:35.72
Qualifying Time	01:22.57	01:17.32	01:13.88	01:12.52	100m Backstroke	01:20.62	01:17.85	01:16.13	01:10.82	01:08.09
Consideration Time	01:34.96	01:28.92	01:24.96	01:23.40		01:32.72	01:29.53	01:27.54	01:21.45	01:18.30
Qualifying Time	02:57.37	02:42.84	02:38.86	02:34.14	200m Backstroke	02:55.12	02:50.85	02:47.67	02:36.53	02:29.98
Consideration Time	03:23.98	03:07.26	03:02.69	02:57.26		03:21.39	03:16.48	03:12.82	03:00.00	02:52.48
Qualifying Time	00:40.74	00:39.49	00:38.31	00:37.71	50m Breaststroke	00:44.23	00:40.88	00:38.03	00:36.47	00:33.72
Consideration Time	00:46.85	00:45.42	00:44.06	00:43.37		00:50.87	00:47.02	00:43.73	00:41.94	00:38.78
Qualifying Time	01:29.52	01:26.94	01:23.06	01:22.36	100m Breaststroke	01:36.73	01:28.56	01:22.52	01:20.70	01:14.22
Consideration Time	01:42.95	01:39.98	01:35.52	01:34.71		01:51.23	01:41.85	01:34.89	01:32.80	01:25.36
Qualifying Time	03:12.88	03:08.37	02:59.31	02:59.14	200m Breaststroke	03:32.12	03:15.91	02:58.63	02:57.27	02:43.97
Consideration Time	03:41.81	03:36.62	03:26.20	03:26.01		04:03.94	03:45.30	03:25.42	03:23.86	03:08.57
Qualifying Time	00:34.42	00:33.43	00:31.82	00:31.13	50m Butterfly	00:34.58	00:32.25	00:31.01	00:29.13	00:28.28
Consideration Time	00:39.58	00:38.44	00:36.59	00:35.79		00:39.77	00:37.09	00:35.66	00:33.50	00:32.53
Qualifying Time	01:20.93	01:15.13	01:11.75	01:10.77	100m Butterfly	01:20.52	01:16.86	01:12.78	01:08.77	01:03.82
Consideration Time	01:33.07	01:26.40	01:22.51	01:21.38		01:32.60	01:28.38	01:23.70	01:19.09	01:13.40
Qualifying Time	03:08.98	02:50.78	02:41.15	02:38.32	200m Butterfly	03:09.90	03:09.14	02:52.69	02:37.85	02:25.25
Consideration Time	03:37.33	03:16.40	03:05.32	03:02.07		03:38.38	03:37.51	03:18.59	03:01.52	02:47.03
Qualifying Time	02:54.66	02:47.05	02:40.77	02:39.00	200m Individual Medley	02:58.56	02:49.16	02:39.39	02:32.88	02:25.83
Consideration Time	03:20.86	03:12.11	03:04.88	03:02.85		03:25.35	03:14.54	03:03.29	02:55.81	02:47.71
Qualifying Time	06:15.85	05:57.66	05:40.79	05:37.30	400m Individual Medley	06:05.17	05:49.61	05:31.80	05:19.36	05:15.51
Consideration Time	07:12.22	06:51.31	06:31.90	06:27.90		06:59.94	06:42.05	06:21.57	06:07.26	06:02.84

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