

2020-2021
Round 1

This competition is run under Speedo Swim Squads and Hamilton Aquatics Promoters Conditions
And has been approved by Dubai Sports Council

All swimmers entering Speedo Swim Squads and Hamilton Aquatics Competitions with a UAE based club should be registered with the UAE Swimming Federation. Overseas swimmers should be registered with the Swimming Federation or National Governing Body with which their club is affiliated. Speedo Swim Squads and Hamilton Aquatics reserve the right to reject entries if either of these stipulations are not adhered to.

- Venue:** TBC
- Pool:** 25m, 8 lanes, with anti-wave lane ropes
- Timing:** An Omega Timing System will be used
- Date:** **13 November 2020**
Session timings are to be confirmed
- Age Groups:** **Individual Events**
Girls: 12, 13, 14, 15/over
Boys: 12, 13, 14, 15/over
Age as of 4 June 2021
- Swim Fast League Events**
Girls: 12, 13, 14, 15/over
Boys: 12, 13, 14, 15/over
Age as of 4 June 2021
- Events:** 50m on all strokes
100m on all strokes
100m Individual Medley
200m Freestyle
- Swim Fast League Events (SFL)**
200m Backstroke
100m Individual Medley
50m Breaststroke
50m Freestyle
- All events will be heat declared winner

**2020-2021
Round 1**

This competition is run under Speedo Swim Squads and Hamilton Aquatics Promoters Conditions
And has been approved by Dubai Sports Council

Entry Fees:
(Inclusive of VAT)

Individual Events

AED 50 per event (for teams entering using Hy-tek)

AED 60 per event (for paper entries)

Instructions on entering using Hy-tek are available on the Hamilton Aquatics website [here](#).

Swim Fast League Events (SFL)

AED 100 per round (for teams entering using Hy-tek)

AED 120 per round (for paper entries)

Swimmers that achieve the qualifying times may enter any event for which they qualify.

Swimmers that do not have qualifying times may enter the specified "Swim Fast League (SFL)" events for a set fee each round.

Swim Fast League Events are aimed at supporting swimmer development across the region for swimmers who are too old for the Hamilton Aquatics Development Series. It is unique from other competitions as swimmers from all clubs are given the opportunity to enter without an entry time in order to attempt new events and record times to qualify for other competitions. Across the series swimmers will have the opportunity to race 50m, 100m and 200m events on all strokes and individual medley promoting development of all 4 competitive strokes. **Swimmers entering the Swim Fast League Events must enter all league events in each round.**

Entries:

Team entries can be made using Hy-tek and sent via email to competitions@hamiltonaquatics.ae. The entry file is available on request.

All individual entries **MUST** be made via email to competitions@hamiltonaquatics.ae. Entry forms are available on request.

All entries **MUST** have a proof of time and should be sent with the entries.

By submitting entry, participants agree to the conditions of entry for the competition and the Speedo Swim Squads and Hamilton Aquatics Promoters Conditions.

Closing Date:

29 October 2020 at 12.00 midday (Dubai)

This competition is run under Speedo Swim Squads and Hamilton Aquatics Promoters Conditions
And has been approved by Dubai Sports Council

Entry Conditions: Speedo Swim Squads and Hamilton Aquatics Swimmers will be guaranteed entry if they have achieved the consideration times.

Speedo Swim Squads and Hamilton Aquatics Club and Competition Pathway Swimmers will be able to enter events without an entry time as exhibition swimmers at the discretion of the coaching team.

Swimmers are guaranteed entry if their entry time is faster than the advertised qualifying times.

Swimmers will be considered for entry if their entry time is faster than the advertised consideration times. In the event of oversubscription, the slowest swimmers in each event will be rejected.

Processing of entries will be based on a first come, first serve basis.
Entries will be limited in line with the current restrictions.

Guidelines: All entrants will proceed to the main entrance where temperature will be checked.

Swimmers and coaches must always adhere to a minimum 2m social distance.

All staff and coaches must wear a face mask at all times (no face shields allowed).

Swimmers must wear masks into the facility and only be removed when preparing to enter the swimming pool.

Athletes will enter and exit poolside via the one-way system.

Should any users (parents/spectators, Coaches or athletes) fail to comply with the rules they will receive a verbal warning and repeat offenders will be asked to leave the venue and not permitted to continue activities (refunds will not be granted).

2020-2021
Round 1

This competition is run under Speedo Swim Squads and Hamilton Aquatics Promoters Conditions
And has been approved by Dubai Sports Council

Payments: A single payment covering all entries must be made by each entering club or individual. Payments must be made in advance via Bank Transfer or by a cheque and delivered to Hamilton Aquatics Office at 604 Detroit House Building, Motor City, Dubai.
Cheques must be made payable to "Hamilton Aquatics Swimming Training"
Bank transfer information is noted on the invoice.

Cash payments will not be accepted on event day.

Coach passes: AED 50 for the day
(Inclusive of VAT)

One **FREE** coach pass will be issued for every 15 swimmers in line with internationally recognised coach to swimmer ratios. If you require more coach passes, please email competitions@hamiltonaquatics.ae.

Please note that the ratio of additional coach passes is 10 swimmers to 1 coach. Coach passes will only be issued with a valid UAE swimming federation membership or a valid police check and proof of local Swimming Federation membership or similar. Any coach pass purchased on the day will be subject to an additional AED 25 administration fee.

Warm-Ups: Warm-ups will be as follows:

Session 1 (Morning)	Girls	TBC
	Boys	TBC
Session 2 (Afternoon)	Girls	TBC
	Boys	TBC

Spectators: No Spectators permitted

Meet Mobile: The Meet Mobile app is free to download from the Apple App Store (iPhone Apps) and Google Play and will allow access to heat sheets and results throughout the weekend. **Please note that this is not a free app.**

Live Results: Live results are available on the Hamilton Aquatics website at www.hamiltonaquatics.ae/live-results. Results will be updated at the end of each event. Results can be accessed via your mobile phone or tablet using mobile data. Speedo Swim Squads and Hamilton Aquatics will not provide public Wi-Fi access.

**2020-2021
Round 1**

This competition is run under Speedo Swim Squads and Hamilton Aquatics Promoters Conditions
And has been approved by Dubai Sports Council

Programme of Events

Session 1		Warm-Up TBC		Start TBC	
Event No.	101	200m Freestyle	Girls	12, 13, 14, 15/over	HDW
	102	200m Freestyle	Boys	12, 13, 14, 15/over	HDW
	103	50m Butterfly	Girls	12, 13, 14, 15/over	HDW
	104	50m Butterfly	Boys	12, 13, 14, 15/over	HDW
	105	100m Backstroke	Girls	12, 13, 14, 15/over	HDW
	106	100m Backstroke	Boys	12, 13, 14, 15/over	HDW
	107	50 Breaststroke (SFL)	Girls	12, 13, 14, 15/over	HDW
	108	50 Breaststroke (SFL)	Boys	12, 13, 14, 15/over	HDW
	109	100m Individual Medley	Girls	12, 13, 14, 15/over	HDW
	110	100m Individual Medley	Boys	12, 13, 14, 15/over	HDW
	111	50 Breaststroke	Girls	12, 13, 14, 15/over	HDW
	112	50 Breaststroke	Boys	12, 13, 14, 15/over	HDW
	113	100m Individual Medley (SFL)	Girls	12, 13, 14, 15/over	HDW
	114	100m Individual Medley (SFL)	Boys	12, 13, 14, 15/over	HDW
Session 2		Warm-Up TBC		Start TBC	
Event No.	201	200m Backstroke (SFL)	Girls	12, 13, 14, 15/over	HDW
	202	200m Backstroke (SFL)	Boys	12, 13, 14, 15/over	HDW
	203	50m Freestyle	Girls	12, 13, 14, 15/over	HDW
	204	50m Freestyle	Boys	12, 13, 14, 15/over	HDW
	205	100m Breaststroke	Girls	12, 13, 14, 15/over	HDW
	206	100m Breaststroke	Boys	12, 13, 14, 15/over	HDW
	207	50m Freestyle (SFL)	Girls	12, 13, 14, 15/over	HDW
	208	50m Freestyle (SFL)	Boys	12, 13, 14, 15/over	HDW
	209	100m Butterfly	Girls	12, 13, 14, 15/over	HDW
	210	100m Butterfly	Boys	12, 13, 14, 15/over	HDW
	211	50m Backstroke	Girls	12, 13, 14, 15/over	HDW
	212	50m Backstroke	Boys	12, 13, 14, 15/over	HDW
	213	100m Freestyle	Girls	12, 13, 14, 15/over	HDW
	214	100m Freestyle	Boys	12, 13, 14, 15/over	HDW

This competition is run under Speedo Swim Squads and Hamilton Aquatics Promoters Conditions
And has been approved by the Dubai Sports Council

[Hamdan Bin Mohammed Bin Rashid Sports Complex](#)

	Female				EVENTS	Male			
	12 yrs/under	13 yrs	14 yrs	15 yrs/over		12 yrs/under	13 yrs	14 yrs	15 yrs/over
Qualification Time	00:35.83	00:34.03	00:33.86	00:33.69	50m Butterfly	00:35.00	00:33.25	00:31.58	00:31.43
Consideration Time	00:38.51	00:36.59	00:36.40	00:36.22		00:37.62	00:35.74	00:33.95	00:33.78
Cut Off	00:32.12	00:32.03	00:31.87	00:30.09		00:31.33	00:29.66	00:28.08	00:27.78
Qualification Time	01:21.69	01:17.61	01:17.22	01:16.83	100m Butterfly	01:17.24	01:13.38	01:09.71	01:09.36
Consideration Time	01:27.82	01:23.43	01:23.01	01:22.59		01:23.03	01:18.88	01:14.94	01:14.56
Cut Off	01:14.80	01:10.91	01:10.56	01:10.17		01:10.56	01:06.88	01:03.39	01:02.72
Qualification Time	00:40.68	00:38.64	00:38.45	00:38.26	50m Backstroke	00:36.39	00:34.57	00:32.84	00:32.68
Consideration Time	00:43.73	00:41.54	00:41.33	00:41.13		00:39.12	00:37.17	00:35.31	00:35.13
Cut Off	00:36.74	00:34.80	00:34.63	00:34.43		00:32.66	00:30.93	00:29.28	00:28.97
Qualification Time	01:23.36	01:19.19	01:18.80	01:18.40	100m Backstroke	01:21.43	01:17.36	01:13.49	01:13.12
Consideration Time	01:29.61	01:25.13	01:24.71	01:24.28		01:27.53	01:23.16	01:19.00	01:18.60
Cut Off	01:16.39	01:12.42	01:12.06	01:11.67		01:14.55	01:10.67	01:06.99	01:06.29
Qualification Time	02:57.69	02:48.81	02:47.96	02:47.12	200m Backstroke	02:46.82	02:38.24	02:30.33	02:29.58
Consideration Time	03:11.02	03:01.47	03:00.56	02:59.65		02:59.33	02:50.11	02:41.61	02:40.80
Cut Off	02:44.73	02:36.27	02:35.49	02:34.66		02:34.14	02:26.21	02:18.67	02:17.24
Qualification Time	00:42.42	00:40.30	00:40.10	00:39.90	50m Breaststroke	00:38.35	00:34.62	00:32.89	00:32.73
Consideration Time	00:45.60	00:43.32	00:43.10	00:42.89		00:41.23	00:37.22	00:35.36	00:35.18
Cut Off	00:38.40	00:36.38	00:36.20	00:36.00		00:32.71	00:30.97	00:29.33	00:29.01
Qualification Time	01:34.38	01:29.67	01:29.22	01:28.77	100m Breaststroke	01:31.22	01:26.66	01:22.33	01:21.92
Consideration Time	01:41.46	01:36.39	01:35.91	01:35.43		01:38.07	01:33.16	01:28.50	01:28.06
Cut Off	01:26.89	01:22.40	01:21.98	01:21.54		01:23.88	01:19.54	01:15.41	01:14.63
Qualification Time	03:27.90	03:17.51	03:16.52	03:15.53	200m Breaststroke	03:14.81	03:05.07	02:55.81	02:54.93
Consideration Time	03:43.49	03:32.32	03:31.26	03:30.19		03:29.42	03:18.95	03:09.00	03:08.05
Cut Off	03:13.50	03:03.60	03:02.68	03:01.72		03:01.03	02:51.75	02:42.94	02:41.27
Qualification Time	00:32.68	00:31.04	00:30.89	00:30.73	50m Freestyle	00:31.08	00:29.53	00:28.05	00:27.91
Consideration Time	00:35.13	00:33.37	00:33.20	00:33.04		00:33.41	00:31.74	00:30.15	00:30.00
Cut Off	00:29.12	00:27.56	00:27.43	00:27.27		00:27.60	00:26.12	00:24.71	00:24.45
Qualification Time	01:10.44	01:06.92	01:06.59	01:06.25	100m Freestyle	01:07.67	01:04.29	01:01.07	01:00.77
Consideration Time	01:15.73	01:11.94	01:11.58	01:11.22		01:12.75	01:09.11	01:05.66	01:05.33
Cut Off	01:04.09	01:00.74	01:00.43	01:00.10		01:01.45	00:58.23	00:55.17	00:54.58
Qualification Time	02:31.85	02:24.26	02:23.54	02:22.82	200m Freestyle	02:31.02	02:23.47	02:16.30	02:15.62
Consideration Time	02:43.24	02:35.08	02:34.30	02:33.53		02:42.35	02:34.23	02:26.52	02:25.79
Cut Off	02:20.12	02:12.89	02:12.22	02:11.52		02:19.33	02:12.14	02:05.31	02:04.01
Qualification Time	01:20.37	01:16.35	01:15.97	01:15.59	100m Individual Medley	01:18.71	01:14.77	01:11.03	01:10.68
Consideration Time	01:26.39	01:22.07	01:21.66	01:21.25		01:24.61	01:20.38	01:16.36	01:15.98
Cut Off	01:16.54	01:12.71	01:12.35	01:11.99		01:14.96	01:11.21	01:07.65	01:06.97
Qualification Time	03:04.24	02:55.03	02:54.15	02:45.40	200m Individual Medley	02:59.64	02:50.66	02:42.13	02:41.32
Consideration Time	03:18.06	03:08.15	03:07.21	02:57.81		03:13.11	03:03.46	02:54.29	02:53.41
Cut Off	02:42.99	02:34.62	02:33.84	02:33.02		02:38.81	02:30.64	02:22.89	02:21.41

Times can be achieved in either a 25m or 50m pool. 50m times must be converted to 25m times.

Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 18 months.

The promoter will request validation of any stated entry time.