

This competition is run under Hamilton Aquatics promoter's conditions and is pending approval from Dubai Sports Council. Hamilton Aquatics reserve the right to cancel the competition based on advice from Dubai Sports Council.

- Venue:** Hamdan Bin Mohammed Bin Rashid Sports Complex, Dubai, UAE  
*[Please click here for directions](#)*
- Pool:** 25m, 10 lanes, with anti-wave lane ropes
- Timing:** An Omega Timing System will be used
- Date:** Saturday 10 June 2023
- Closing Date:** **17 May 2023 – Wednesday at 12 midday (Dubai)**
- Age Groups:** Girls: 8/under, 9, 10, 11-12  
Boys: 8/under, 9, 10, 11-12
- Eligibility of Age:** Age on last day of gala
- Events:** 50m on all strokes  
100m on all strokes  
100m Individual Medley  
200m backstroke, breaststroke, freestyle and Individual Medley
- Winners:** All events will be heat declared winner
- Awards:** Medals for 1<sup>st</sup> to 3<sup>rd</sup>
- Entry Fees:** AED 45 per event (for teams entering using Hy-tek)  
(Inclusive of VAT) AED 55 per event (for paper entries)  
*Instructions on entering using Hy-tek are available on the Hamilton Aquatics website [here](#).*
- Entries:** Team entries should be made using Hy-tek and sent via email to [competitions@hamiltonaquatics.ae](mailto:competitions@hamiltonaquatics.ae). The entry file is available on request.  
  
All individual entries **MUST** be made via email to [competitions@hamiltonaquatics.ae](mailto:competitions@hamiltonaquatics.ae). Entry forms are available on request.  
  
All entries **MUST** have a proof of time and should be sent with the entries.
- Entry Conditions:**  
  
**All Swimmers/Clubs:** swimmers whose 50m times are faster than the qualifying times can enter the corresponding 100m event without any entry time or if their 100m time is slower than the 100m qualifying time.

**All Swimmers/Clubs:** swimmers with all (4) 50m times faster than the qualifying times can enter the 100m individual medley event without any entry time or if their 100m individual medley time is slower than the 100m individual medley qualifying time.

**All Swimmers/Clubs:** swimmers whose 100m times are faster than the qualifying times can enter the corresponding 200m event without any entry time or if their 200m time is slower than the 200m qualifying time.

**Hamilton Aquatics Potential, Performance and Competition Junior Squads** will be able to enter the Hamilton Aquatics Development Series without an entry time at the discretion of the coaching team.

**Payments:**

A single payment covering all entries must be made by each entering club or individual. Payments must be made in advance via Bank Transfer or by a cheque and delivered to Hamilton Aquatics Office at 604 Detroit House Building, Motor City, Dubai.

Cheques must be made payable to “Hamilton Aquatics Swimming Training”  
Bank transfer information is noted on the invoice.

Cash payments will not be accepted on event day.

**Coach passes:  
(Inclusive of VAT)**

AED 50 for the weekend

One **FREE** coach pass will be issued.

Coach passes are for coaches only and cannot be shared.  
Coaches must wear the pass provided at all times.

***Please note that the ratio of additional coach passes is 10 swimmers to 1 coach. Coach passes will only be issued with a valid UAE swimming federation membership or a valid police check and proof of local Swimming Federation membership or similar. Any coach pass purchased on the day will be subject to an additional AED 25 administration fee.***

**Warm-Ups:**

Full details will be available together with the final information.

**Spectators:  
(Inclusive of VAT)**

AED 30 per session

AED 50 full day

Children under 12 years are free

Spectator tickets must be purchased in advance, via the following link (tickets will be released one week prior to the event): <https://esm.ae/login>

**Meet Mobile:**

The Meet Mobile app is free to download from the Apple App Store (iPhone Apps) and Google Play and will allow access to heat sheets and results throughout the weekend. **Please note that this is not a free app.**

***All swimmers entering Hamilton Aquatics Competitions with a UAE based club should be registered with the UAE Swimming Federation. Overseas swimmers should be registered with the Swimming Federation or National Governing Body with which their club is affiliated. Hamilton Aquatics reserve the right to reject entries if either of these stipulations are not adhered to.***

## Programme of Events

Session 1		Warm Up 08.00		Start 09.00	
Event No.	101	200m Breaststroke	Girls	8, 9, 10, 11-12	HDW
	102	200m Breaststroke	Boys	8, 9, 10, 11-12	HDW
	103	50m Freestyle	Girls	8, 9, 10, 11-12	HDW
	104	50m Freestyle	Boys	8, 9, 10, 11-12	HDW
	105	100m Individual Medley	Girls	8, 9, 10, 11-12	HDW
	106	100m Individual Medley	Boys	8, 9, 10, 11-12	HDW
	107	100m Backstroke	Girls	8, 9, 10, 11-12	HDW
	108	100m Backstroke	Boys	8, 9, 10, 11-12	HDW
	109	50m Butterfly	Girls	8, 9, 10, 11-12	HDW
	110	50m Butterfly	Boys	8, 9, 10, 11-12	HDW
	111	200m Freestyle	Girls	8, 9, 10, 11-12	HDW
	112	200m Freestyle	Boys	8, 9, 10, 11-12	HDW

Session 2		Warm Up TBC		Start TBC	
Event No.	201	200m Backstroke	Girls	8, 9, 10, 11-12	HDW
	202	200m Backstroke	Boys	8, 9, 10, 11-12	HDW
	203	100m Freestyle	Girls	8, 9, 10, 11-12	HDW
	204	100m Freestyle	Boys	8, 9, 10, 11-12	HDW
	205	100m Breaststroke	Girls	8, 9, 10, 11-12	HDW
	206	100m Breaststroke	Boys	8, 9, 10, 11-12	HDW
	207	50m Backstroke	Girls	8, 9, 10, 11-12	HDW
	208	50m Backstroke	Boys	8, 9, 10, 11-12	HDW
	209	100m Butterfly	Girls	8, 9, 10, 11-12	HDW
	210	100m Butterfly	Boys	8, 9, 10, 11-12	HDW
	211	50 Breaststroke	Girls	8, 9, 10, 11-12	HDW
	212	50 Breaststroke	Boys	8, 9, 10, 11-12	HDW
	213	200m Individual Medley	Girls	8, 9, 10, 11-12	HDW
	214	200m Individual Medley	Boys	8, 9, 10, 11-12	HDW

## Hamilton Aquatics Development Series Qualifying Times

	FEMALE						MALE				
	8yrs	9yrs	10yrs	11yrs*	12yrs*	EVENTS	8yrs	9yrs	10yrs	11yrs*	12yrs*
Cut Off Time	00:40.98	00:39.03	00:36.15	00:34.32	00:33.07	50m Freestyle	00:39.59	00:37.70	00:35.91	00:34.20	00:33.30
Consideration Time	00:46.31	00:44.11	00:40.85	00:38.79	00:37.37		00:44.74	00:42.61	00:40.58	00:38.64	00:37.63
Cut Off Time	01:31.98	01:27.60	01:20.47	01:15.37	01:12.80	100m Freestyle	01:27.13	01:22.98	01:19.03	01:15.26	01:12.90
Consideration Time	01:43.94	01:38.99	01:30.93	01:25.16	01:22.27		01:38.45	01:33.77	01:29.30	01:25.05	01:22.38
Cut Off Time	03:01.47	02:52.82	02:44.59	02:45.16	02:40.78	200m Freestyle	03:09.84	03:00.80	02:52.19	02:43.99	02:39.25
Consideration Time	03:25.06	03:15.29	03:05.99	03:06.63	03:01.68		03:34.52	03:24.30	03:14.57	03:05.31	02:59.95
Cut Off Time	00:48.08	00:45.80	00:42.08	00:39.70	00:38.56	50m Backstroke	00:45.39	00:43.23	00:41.17	00:39.21	00:38.33
Consideration Time	00:54.34	00:51.75	00:47.55	00:44.87	00:43.57		00:51.29	00:48.85	00:46.52	00:44.31	00:43.32
Cut Off Time	01:47.12	01:42.02	01:30.21	01:27.07	01:23.32	100m Backstroke	01:38.81	01:34.10	01:29.62	01:25.35	01:22.57
Consideration Time	02:01.05	01:55.28	01:41.94	01:38.39	01:34.15		01:51.65	01:46.33	01:41.27	01:36.45	01:33.30
Cut Off Time	03:29.32	03:19.35	03:09.86	03:19.79	03:13.89	200m Backstroke	03:32.97	03:22.83	03:13.17	03:03.97	02:59.14
Consideration Time	03:56.53	03:45.27	03:34.54	03:45.77	03:39.09		04:00.66	03:49.20	03:38.28	03:27.89	03:22.43
Cut Off Time	00:54.85	00:52.23	00:47.30	00:44.79	00:42.89	50m Breaststroke	00:52.70	00:50.19	00:47.80	00:45.53	00:43.53
Consideration Time	01:01.98	00:59.03	00:53.45	00:50.61	00:48.46		00:59.55	00:56.72	00:54.02	00:51.45	00:49.19
Cut Off Time	02:03.99	01:58.09	01:42.68	01:37.60	01:33.49	100m Breaststroke	01:54.61	01:49.16	01:43.96	01:39.01	01:34.19
Consideration Time	02:20.11	02:13.44	01:56.02	01:50.29	01:45.64		02:09.51	02:03.35	01:57.47	01:51.88	01:46.43
Cut Off Time	04:01.42	03:49.92	03:38.97	03:26.00	03:20.33	200m Breaststroke	04:10.52	03:58.59	03:47.23	03:36.41	03:26.75
Consideration Time	04:32.80	04:19.81	04:07.44	03:52.78	03:46.37		04:43.09	04:29.61	04:16.77	04:04.55	03:53.62
Cut Off Time	00:46.29	00:44.09	00:39.88	00:37.91	00:36.26	50m Butterfly	00:43.37	00:41.31	00:39.34	00:37.47	00:36.59
Consideration Time	00:52.31	00:49.82	00:45.06	00:42.84	00:40.97		00:49.01	00:46.68	00:44.45	00:42.34	00:41.35
Cut Off Time	01:49.59	01:44.37	01:32.65	01:25.11	01:21.94	100m Butterfly	01:41.07	01:36.26	01:31.68	01:27.31	01:24.18
Consideration Time	02:03.83	01:57.94	01:44.70	01:36.17	01:32.60		01:54.21	01:48.78	01:43.60	01:38.66	01:35.13
Cut Off Time	01:37.69	01:33.03	01:28.60	01:24.39	01:20.37	100 Individual Medley	01:35.67	01:31.11	01:26.78	01:22.64	01:18.71
Consideration Time	01:50.39	01:37.69	01:33.03	01:28.60	01:24.39		01:48.11	01:35.67	01:31.11	01:26.78	01:22.64
Cut Off Time	03:56.97	03:45.68	03:14.46	03:06.37	03:00.57	200m Individual Medley	03:35.94	03:25.66	03:15.87	03:06.54	02:59.81
Consideration Time	04:27.77	04:15.02	03:39.75	03:30.60	03:24.04		04:04.01	03:52.40	03:41.33	03:30.79	03:23.19

\*11yrs & 12yrs will be run as a combined age group with separate entry times of each age.

Times can be achieved in either a 25m or 50m pool. 50m times must be converted to 25m times. Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 12 months. The promoter will request validation of any stated entry time.

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