

This competition is run under Hamilton Aquatics promoter's conditions and is pending approval from Dubai Sports Council. Hamilton Aquatics reserve the right to cancel the competition based on advice from Dubai Sports Council.

- Venue:** Hamdan Bin Mohammed Bin Rashid Sports Complex, Dubai, UAE
[Please click here for directions](#)
- Pool:** 50m, 10 lanes, with anti-wave lane ropes
- Timing:** An Omega Timing System will be used
- Date:** 10-12 February 2023
- Closing Date:** **18 January 2023 – Wednesday at 12 midday (Dubai)**
- Age Groups:**
- Middle East Open Championships**
Girls: 12-13, 14-15, 16/over
Boys: 13-14, 15-16, 17/over
- Middle East Junior Championships**
Girls: 9, 10, 11
Boys: 9, 10, 11, 12
- Eligibility of Age:** Age as of 31 December 2023
- Events:**
- Middle East Open Championships**
50m on all strokes
100m on all strokes
200m on all strokes
200m and 400m Individual Medley
400m Freestyle
800m Freestyle (fastest 20 female entry)
1500m Freestyle (fastest 20 male entry)
Finals for all 100m, 200m and 400m events
A/B finals for Girls 16/over and Boys 17/over, 100m and 200m events
A/B open finals for all 50m
- Middle East Junior Championships**
50m on all strokes
100m on all strokes
200m Individual Medley
All events will be heat declared winner
- Awards:** Medals for 1st to 3rd

Prizes:

Middle East Open Championships

Top Open Club (Based on Team Points)

Top Open Female Swimmer (Based on highest FINA Score on single event)

Top Open Male Swimmer (Based on highest FINA Score on single event)

Middle East Junior Championships

Top Junior Club (Based on Team Points)

Top Junior Female Swimmer (Based on the number of Gold Medals won)

Top Junior Male Swimmer (Based on the number of Gold Medals won)

Entry Fees:

(Inclusive of VAT)

AED 55 per event (for teams entering using Hy-tek)

AED 65 per event (for paper entries)

Instructions on entering using Hy-tek are available on the Hamilton Aquatics website [here](#).

Entries:

Team entries should be made using Hy-tek and sent via email to competitions@hamiltonaquatics.ae. The entry file is available on request.

All individual entries MUST be made via email to competitions@hamiltonaquatics.ae. Entry forms are available on request.

All entries MUST have a proof of time and should be sent with the entries.

By submitting entry, participants agree to the conditions of entry for the competition and the [Hamilton Aquatics Promoters Conditions](#).

Entry Conditions:

Swimmers are guaranteed entry if their entry time is faster than the advertised qualifying times.

Swimmers will be considered for entry if their entry time is faster than the advertised consideration times. In the event of oversubscription, the slowest swimmers in each event will be rejected.

Payments:

A single payment covering all entries must be made by each entering club or individual. Payments must be made in advance via Bank Transfer or by a cheque and delivered to Hamilton Aquatics Office at 604 Detroit House Building, Motor City, Dubai.

Cheques must be made payable to "Hamilton Aquatics Swimming Training" Bank transfer information is noted on the invoice.

Cash payments will not be accepted on event day.

Coach passes: AED 150 for the weekend
(Inclusive of VAT)

One **FREE** coach pass will be issued to each academy.

If you require more coach passes, please email
competitions@hamiltonaquatics.ae.

Coach passes are for coaches only and cannot be shared.
Coaches must wear the coach pass provided at all times.

Please note that the ratio of additional coach passes is 10 swimmers to 1 coach. Coach passes will only be issued with a valid UAE swimming federation membership or a valid police check and proof of local Swimming Federation membership or similar. Any coach pass purchased on the day will be subject to an additional AED 25 administration fee.

Warm-Ups: Full details will be available together with the final information.

Spectators: AED 30 per session
(Inclusive of VAT) AED 50 per day
Children under 12 years are free

Entry to Finals sessions (sessions 3, 6 and 9) are free

Meet Mobile: The Meet Mobile app is free to download from the Apple App Store (iPhone Apps) and Google Play and will allow access to heat sheets and results throughout the weekend. **Please note that this is not a free app.**

All swimmers entering Hamilton Aquatics Competitions with a UAE based club should be registered with the UAE Swimming Federation. Overseas swimmers should be registered with the Swimming Federation or National Governing Body with which their club is affiliated. Hamilton Aquatics reserve the right to reject entries if either of these stipulations are not adhered to.

Programme of Events

Friday 10 February 2023

Session 1		Warm Up 08.00		Start 09.00	
Event No.	101	400m Freestyle	Girls	12-13, 14-15, 16/o	Heat
	102	400m Freestyle	Boys	13-14, 15-16, 17/o	Heat
	103	50m Butterfly	Girls	12-13, 14-15, 16/o	Heat
	104	50m Butterfly	Boys	13-14, 15-16, 17/o	Heat
	105	100m Backstroke	Girls	12-13, 14-15, 16/o	Heat
	106	100m Backstroke	Boys	13-14, 15-16, 17/o	Heat
	107	100m Freestyle	Girls	12-13, 14-15, 16/o	Heat
	108	100m Freestyle	Boys	13-14, 15-16, 17/o	Heat
	109	200m Breaststroke	Girls	12-13, 14-15, 16/o	Heat
	110	200m Breaststroke	Boys	13-14, 15-16, 17/o	Heat

Session 2		Warm Up TBC		Start TBC	
Event No.	151	100m Freestyle	Girls	9 years	HDW
	152	100m Freestyle	Girls	10 years	HDW
	153	100m Freestyle	Girls	11 years	HDW
	154	100m Freestyle	Boys	9 years	HDW
	155	100m Freestyle	Boys	10 years	HDW
	156	100m Freestyle	Boys	11 years	HDW
	157	100m Freestyle	Boys	12 years	HDW
	158	50m Butterfly	Girls	9 years	HDW
	159	50m Butterfly	Girls	10 years	HDW
	160	50m Butterfly	Girls	11 years	HDW
	161	50m Butterfly	Boys	9 years	HDW
	162	50m Butterfly	Boys	10 years	HDW
	163	50m Butterfly	Boys	11 years	HDW
	164	50m Butterfly	Boys	12 years	HDW
	165	100m Backstroke	Girls	9 years	HDW
	166	100m Backstroke	Girls	10 years	HDW
	167	100m Backstroke	Girls	11 years	HDW
	168	100m Backstroke	Boys	9 years	HDW
	169	100m Backstroke	Boys	10 years	HDW
	170	100m Backstroke	Boys	11 years	HDW
	171	100m Backstroke	Boys	12 years	HDW

Session 3		Warm Up TBC		Start TBC	
Event No.	101	400m Freestyle	Girls	Open	Final
	102	400m Freestyle	Boys	Open	Final
	103	50m Butterfly	Girls	Open	Final
	104	50m Butterfly	Boys	Open	Final
	105	100m Backstroke	Girls	12-13, 14-15, 16/o	Final
	106	100m Backstroke	Boys	13-14, 15-16, 17/o	Final
	107	200m Breaststroke	Girls	12-13, 14-15, 16/o	Final
	108	200m Breaststroke	Boys	13-14, 15-16, 17/o	Final
	109	100m Freestyle	Girls	12-13, 14-15, 16/o	Final
	110	100m Freestyle	Boys	13-14, 15-16, 17/o	Final

Programme of Events

Saturday 11 February 2023

Session 4		Warm Up 08.00		Start 09.00	
Event No.	201	400m Individual Medley	Girls	12-13, 14-15, 16/o	Heat
	202	400m Individual Medley	Boys	13-14, 15-16, 17/o	Heat
	203	50m Backstroke	Girls	12-13, 14-15, 16/o	Heat
	204	50m Backstroke	Boys	13-14, 15-16, 17/o	Heat
	205	100m Butterfly	Girls	12-13, 14-15, 16/o	Heat
	206	100m Butterfly	Boys	13-14, 15-16, 17/o	Heat
	207	100m Breaststroke	Girls	12-13, 14-15, 16/o	Heat
	208	100m Breaststroke	Boys	13-14, 15-16, 17/o	Heat
	209	200m Freestyle	Girls	12-13, 14-15, 16/o	Heat
	210	200m Freestyle	Boys	13-14, 15-16, 17/o	Heat

Session 5		Warm Up TBC		Start TBC	
Event No.	251	100m Breaststroke	Girls	9 years	HDW
	252	100m Breaststroke	Girls	10 years	HDW
	253	100m Breaststroke	Girls	11 years	HDW
	254	100m Breaststroke	Boys	9 years	HDW
	255	100m Breaststroke	Boys	10 years	HDW
	256	100m Breaststroke	Boys	11 years	HDW
	257	100m Breaststroke	Boys	12 years	HDW
	258	50m Backstroke	Girls	9 years	HDW
	259	50m Backstroke	Girls	10 years	HDW
	260	50m Backstroke	Girls	11 years	HDW
	261	50m Backstroke	Boys	9 years	HDW
	262	50m Backstroke	Boys	10 years	HDW
	263	50m Backstroke	Boys	11 years	HDW
	264	50m Backstroke	Boys	12 years	HDW
	265	100m Butterfly	Girls	9 years	HDW
	266	100m Butterfly	Girls	10 years	HDW
	267	100m Butterfly	Girls	11 years	HDW
	268	100m Butterfly	Boys	9 years	HDW
	269	100m Butterfly	Boys	10 years	HDW
	270	100m Butterfly	Boys	11 years	HDW
	271	100m Butterfly	Boys	12 years	HDW

Session 6		Warm Up TBC		Start TBC	
Event No.	201	400m Individual Medley	Girls	Open	Final
	202	400m Individual Medley	Boys	Open	Final
	203	100m Butterfly	Girls	12-13, 14-15, 16/o	Final
	204	100m Butterfly	Boys	13-14, 15-16, 17/o	Final
	205	50m Backstroke	Girls	Open	Final
	206	50m Backstroke	Boys	Open	Final
	207	100m Breaststroke	Girls	12-13, 14-15, 16/o	Final
	208	100m Breaststroke	Boys	13-14, 15-16, 17/o	Final
	209	200m Freestyle	Girls	12-13, 14-15, 16/o	Final
	210	200m Freestyle	Boys	13-14, 15-16, 17/o	Final
	211	800m Freestyle (2 Heats Maximum)	Girls	Open	HDW

Programme of Events

Sunday 12 February 2023

Session 7		Warm Up 07.45		Start 08.45	
Event No.	301	200m Individual Medley	Girls	12-13, 14-15, 16/o	Heat
	302	200m Individual Medley	Boys	13-14, 15-16, 17/o	Heat
	303	50m Breaststroke	Girls	12-13, 14-15, 16/o	Heat
	304	50m Breaststroke	Boys	13-14, 15-16, 17/o	Heat
	305	200m Butterfly	Girls	12-13, 14-15, 16/o	Heat
	306	200m Butterfly	Boys	13-14, 15-16, 17/o	Heat
	307	200m Backstroke	Girls	12-13, 14-15, 16/o	Heat
	308	200m Backstroke	Boys	13-14, 15-16, 17/o	Heat
	309	50m Freestyle	Girls	12-13, 14-15, 16/o	Heat
	310	50m Freestyle	Boys	13-14, 15-16, 17/o	Heat

Session 8		Warm Up TBC		Start TBC	
Event No.	351	200m Individual Medley	Girls	9 years	HDW
	352	200m Individual Medley	Girls	10 years	HDW
	353	200m Individual Medley	Girls	11 years	HDW
	354	200m Individual Medley	Boys	9 years	HDW
	355	200m Individual Medley	Boys	10 years	HDW
	356	200m Individual Medley	Boys	11 years	HDW
	357	200m Individual Medley	Boys	12 years	HDW
	358	50m Freestyle	Girls	9 years	HDW
	359	50m Freestyle	Girls	10 years	HDW
	360	50m Freestyle	Girls	11 years	HDW
	361	50m Freestyle	Boys	9 years	HDW
	362	50m Freestyle	Boys	10 years	HDW
	363	50m Freestyle	Boys	11 years	HDW
	364	50m Freestyle	Boys	12 years	HDW
	365	50m Breaststroke	Girls	9 years	HDW
	366	50m Breaststroke	Girls	10 years	HDW
	367	50m Breaststroke	Girls	11 years	HDW
	368	50m Breaststroke	Boys	9 years	HDW
	369	50m Breaststroke	Boys	10 years	HDW
	370	50m Breaststroke	Boys	11 years	HDW
	371	50m Breaststroke	Boys	12 years	HDW

Session 9		Warm Up TBC		Start TBC	
Event No.	301	200m Individual Medley	Girls	12-13, 14-15, 16/o	Final
	302	200m Individual Medley	Boys	13-14, 15-16, 17/o	Final
	303	50m Breaststroke	Girls	Open	Final
	304	50m Breaststroke	Boys	Open	Final
	305	200m Butterfly	Girls	12-13, 14-15, 16/o	Final
	306	200m Butterfly	Boys	13-14, 15-16, 17/o	Final
	307	200m Backstroke	Girls	12-13, 14-15, 16/o	Final
	308	200m Backstroke	Boys	13-14, 15-16, 17/o	Final
	309	50m Freestyle	Girls	Open	Final
	310	50m Freestyle	Boys	Open	Final
	311	1500m Freestyle (2 Heats Maximum)	Boys	Open	HDW

FEMALE			EVENTS	MALE		
12-13yrs	14-15yrs	16yrs/over		13-14yrs	15-16yrs	17yrs/over
00:31.00	00:29.39	00:28.94	50m Freestyle	00:29.07	00:27.02	00:26.21
01:07.73	01:03.61	01:02.98	100m Freestyle	01:03.46	00:58.70	00:57.36
02:28.86	02:18.11	02:16.34	200m Freestyle	02:19.33	02:09.12	02:06.41
05:14.87	04:51.11	04:50.97	400m Freestyle	04:58.66	04:35.71	04:31.80
11:01.15	10:06.05	09:55.36	800m Freestyle	10:21.31	09:36.79	09:29.93
21:01.53	19:15.63	18:59.80	1500m Freestyle	19:35.26	18:21.84	18:05.85
00:36.02	00:33.19	00:32.73	50m Backstroke	00:33.26	00:30.34	00:30.09
01:17.24	01:11.42	01:11.11	100m Backstroke	01:12.80	01:07.24	01:06.82
02:52.04	02:34.15	02:32.47	200m Backstroke	02:37.93	02:26.49	02:26.08
00:39.62	00:36.54	00:35.39	50m Breaststroke	00:37.72	00:34.08	00:33.42
01:26.83	01:21.05	01:20.55	100m Breaststroke	01:22.74	01:16.13	01:14.96
03:06.65	02:55.82	02:54.95	200m Breaststroke	03:00.36	02:46.78	02:44.86
00:33.78	00:31.41	00:30.54	50m Butterfly	00:31.39	00:28.18	00:27.78
01:15.88	01:10.09	01:08.89	100m Butterfly	01:12.38	01:04.89	01:03.03
02:50.02	02:35.84	02:35.52	200m Butterfly	02:41.55	02:25.98	02:24.20
02:47.16	02:36.12	02:33.29	200m Individual Medley	02:36.85	02:26.80	02:25.19
05:56.52	05:31.42	05:30.11	400m Individual Medley	05:41.23	05:13.59	05:09.06

Times can be achieved in either a 25m or 50m pool. 25m times must be converted to 50m times.

Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 12 months. The promoter will request validation of any stated entry time.

Middle East Junior Championships

Qualifying Times

	FEMALE				MALE			
	9yrs	10yrs	11yrs	EVENTS	9yrs	10yrs	11yrs	12yrs
Qualifying Time	00:40.81	00:37.79	00:35.88	50m Freestyle	00:39.42	00:37.54	00:35.75	00:34.81
Consideration Time	00:51.01	00:47.24	00:44.85		00:49.27	00:46.93	00:44.69	00:43.52
Qualifying Time	01:31.58	01:24.12	01:18.79	100m Freestyle	01:26.75	01:22.62	01:18.68	01:16.22
Consideration Time	01:54.48	01:45.15	01:38.49		01:48.44	01:43.27	01:38.36	01:35.27
Qualifying Time	03:00.68	02:52.08	02:52.67	200m Freestyle	03:09.02	03:00.02	02:51.44	02:46.49
Consideration Time	03:45.85	03:35.10	03:35.84		03:56.27	03:45.02	03:34.31	03:28.11
Qualifying Time	00:47.88	00:43.99	00:41.51	50m Backstroke	00:45.19	00:43.04	00:40.99	00:40.08
Consideration Time	00:59.85	00:54.99	00:51.89		00:56.49	00:53.80	00:51.24	00:50.10
Qualifying Time	01:46.66	01:34.31	01:31.03	100m Backstroke	01:38.38	01:33.69	01:29.23	01:26.32
Consideration Time	02:13.32	01:57.89	01:53.79		02:02.97	01:57.12	01:51.54	01:47.90
Qualifying Time	03:28.41	03:18.49	03:28.88	200m Backstroke	03:32.05	03:21.95	03:12.33	03:07.29
Consideration Time	04:20.51	04:08.11	04:21.10		04:25.06	04:12.44	04:00.42	03:54.11
Qualifying Time	00:54.61	00:49.45	00:46.83	50m Breaststroke	00:52.48	00:49.98	00:47.60	00:45.51
Consideration Time	01:08.26	01:01.81	00:58.53		01:05.59	01:02.47	00:59.50	00:56.89
Qualifying Time	02:03.46	01:47.34	01:42.04	100m Breaststroke	01:54.12	01:48.68	01:43.51	01:38.47
Consideration Time	02:34.32	02:14.18	02:07.55		02:22.65	02:15.86	02:09.39	02:03.09
Qualifying Time	04:00.37	03:48.93	03:35.36	200m Breaststroke	04:09.44	03:57.56	03:46.25	03:36.14
Consideration Time	05:00.47	04:46.16	04:29.20		05:11.80	04:56.95	04:42.81	04:30.18
Qualifying Time	00:46.09	00:41.69	00:39.64	50m Butterfly	00:43.18	00:41.13	00:39.17	00:38.26
Consideration Time	00:57.61	00:52.11	00:49.55		00:53.98	00:51.41	00:48.96	00:47.82
Qualifying Time	01:49.11	01:36.86	01:28.98	100m Butterfly	01:40.64	01:35.84	01:31.28	01:28.01
Consideration Time	02:16.39	02:01.08	01:51.22		02:05.80	01:59.81	01:54.10	01:50.01
Qualifying Time	03:55.94	03:23.30	03:14.84	200m Individual Medley	03:35.01	03:24.77	03:15.02	03:07.99
Consideration Time	04:54.93	04:14.13	04:03.55		04:28.76	04:15.96	04:03.77	03:54.98

Times can be achieved in either a 25m or 50m pool. 25m times must be converted to 50m times.

Middle East Junior Championships Qualifying Times

Amendment

	Female		EVENTS	Male	
	12-13yrs	14-15yrs		13-14yrs	15-16yrs
Consideration Time	00:32.47	00:30.23	50m Freestyle	00:30.53	00:27.79
Consideration Time	01:11.48	01:05.43	100m Freestyle	01:06.81	01:00.37
Consideration Time	02:37.86	02:22.06	200m Freestyle	02:27.03	02:12.80
Consideration Time	05:35.36	04:59.43	400m Freestyle	05:15.08	04:43.59
Consideration Time	00:37.86	00:34.13	50m Backstroke	00:35.23	00:31.21
Consideration Time	01:21.81	01:13.46	100m Backstroke	01:16.11	01:09.16
Consideration Time	03:10.36	02:38.55	200m Backstroke	02:44.60	02:30.67
Consideration Time	00:42.11	00:37.59	50m Breaststroke	00:40.09	00:35.05
Consideration Time	01:31.79	01:23.37	100m Breaststroke	01:26.86	01:18.31
Consideration Time	03:16.69	03:00.84	200m Breaststroke	03:09.32	02:51.55
Consideration Time	00:35.60	00:32.31	50m Butterfly	00:33.18	00:28.99
Consideration Time	01:20.45	01:12.09	100m Butterfly	01:16.29	01:06.74
Consideration Time	03:00.64	02:40.29	200m Butterfly	02:50.93	02:30.15
Consideration Time	02:57.29	02:40.58	200m Individual Medley	02:43.88	02:31.00
Consideration Time	06:15.21	05:40.89	400m Individual Medley	05:56.49	05:22.55

As an amendment, in order to support local swimming we have added the Consideration Time for lower age groups as we believe this will allow swimmers more opportunities to race at this level of competition.

Swimmers will be considered for entry if their entry time is faster than the advertised consideration times. In the event of oversubscription, the slowest swimmers in each age group, in each event, will be rejected.

Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 12 months.