

This competition is run under Hamilton Aquatics promoter's conditions and is pending approval from Dubai Sports Council. Hamilton Aquatics reserve the right to cancel the competition based on advice from Dubai Sports Council.

- Venue:** Hamdan Bin Mohammed Bin Rashid Sports Complex, Dubai, UAE
[Please click here for directions](#)
- Pool:** 25m, 10 lanes, with anti-wave lane ropes
- Timing:** An Omega Timing System will be used
- Date:** 10 –11 December 2022
- Closing Date:** **16 November 2022 – Monday at 12:00 (Dubai)**
- Age Groups:** Girls: 12/u, 13, 14-15, 16/over
Boys: 12/u, 13, 14, 15-16, 17/over
- Eligibility of Age:** Age as of 31 December 2022
- Events:** 50m on all strokes
100m on all strokes
200m on all strokes
100m, 200m and 400m Individual Medley (Maximum of 2 heats for 400IM)
400m Freestyle (Maximum of 3 heats)
- Winners:** All events will be heat declared winner
- Awards:** Medals for 1st to 3rd in each age group
- Entry Fees:** AED 55 per event (for teams entering using Hy-tek)
(Inclusive of VAT) AED 65 per event (for paper entries)
Instructions on entering using Hy-tek are available on the Hamilton Aquatics website [here](#).
- Entries:** Team entries should be made using Hy-tek and sent via email to competitions@hamiltonaquatics.ae. The entry file is available on request.
- All individual entries MUST be made via email to competitions@hamiltonaquatics.ae. Entry forms are available on request.
- All entries MUST have a proof of time and should be sent with the entries.
- By submitting entry, participants agree to the conditions of entry for the competition and the [Hamilton Aquatics Promoters Conditions](#).
- Entry Conditions:** Swimmers will be considered for entry if their entry time is faster than the advertised consideration times. In the event of oversubscription, the slowest swimmers in each age group, in each event, will be rejected – this applies to visiting clubs only

Payments: A single payment covering all entries must be made by each entering club or individual. Payments must be made in advance via Bank Transfer or by a cheque and delivered to Hamilton Aquatics Office at 604 Detroit House Building, Motor City, Dubai.

Cheques must be made payable to “Hamilton Aquatics Swimming Training”
Bank transfer information is noted on the invoice.

Cash payments will not be accepted on event day.

**Coach passes:
(Inclusive of VAT)** AED 100 for the weekend.

One **FREE** coach pass will be issued per academy.

If you require more coach passes, please email
competitions@hamiltonaquatics.ae.

Coach passes are for coaches only and cannot be shared.
Coaches must wear the coach pass provided at all times.

Please note that the ratio of additional coach passes is 10 swimmers to 1 coach. Coach passes will only be issued with a valid UAE swimming federation membership or valid police check and proof of local Swimming Federation membership or similar. Any coach pass purchased on the day will be subject to an additional AED 25 administration fee.

Warm-Ups: Full details will be available together with the final information.

**Spectators:
(Inclusive of VAT)** AED 30 per session
AED 50 full day
Children under 12 years are free
Spectator tickets must be purchased in advance, via the following link (tickets will be released one week prior to the event): <https://esm.ae/login>

Meet Mobile: The Meet Mobile app is free to download from the Apple App Store (iPhone Apps) and Google Play and will allow access to heat sheets and results throughout the weekend. **Please note that this is not a free app.**

Programme of Events

Saturday 10 December 2022

Session 1	Warm Up 08.00	Start TBC
-----------	---------------	-----------

Event No.	Distance	Stroke	Gender	Age Group	HDW
101	400m Individual Medley		Girls	12/u, 13, 14-15, 16/over	HDW
102	400m Individual Medley		Boys	12/u, 13, 14, 15-16, 17/over	HDW
103	50m Freestyle		Girls	12/u, 13, 14-15, 16/over	HDW
104	50m Freestyle		Boys	12/u, 13, 14, 15-16, 17/over	HDW
105	200m Butterfly		Girls	12/u, 13, 14-15, 16/over	HDW
106	200m Butterfly		Boys	12/u, 13, 14, 15-16, 17/over	HDW
107	100m Backstroke		Girls	12/u, 13, 14-15, 16/over	HDW
108	100m Backstroke		Boys	12/u, 13, 14, 15-16, 17/over	HDW

Session 2	Warm Up TBC	Start TBC
-----------	-------------	-----------

Event No.	Distance	Stroke	Gender	Age Group	HDW
201	200m Freestyle		Girls	12/u, 13, 14-15, 16/over	HDW
202	200m Freestyle		Boys	12/u, 13, 14, 15-16, 17/over	HDW
203	100m Breaststroke		Girls	12/u, 13, 14-15, 16/over	HDW
204	100m Breaststroke		Boys	12/u, 13, 14, 15-16, 17/over	HDW
205	50m Butterfly		Girls	12/u, 13, 14-15, 16/over	HDW
206	50m Butterfly		Boys	12/u, 13, 14, 15-16, 17/over	HDW
207	100m Individual Medley		Girls	12/u, 13, 14-15, 16/over	HDW
208	100m Individual Medley		Boys	12/u, 13, 14, 15-16, 17/over	HDW

Sunday 11 December 2022

Session 3	Warm Up 08.00	Start TBC
-----------	---------------	-----------

Event No.	Distance	Stroke	Gender	Age Group	HDW
301	400m Freestyle		Girls	12/u, 13, 14-15, 16/over	HDW
302	400m Freestyle		Boys	12/u, 13, 14, 15-16, 17/over	HDW
303	50m Breaststroke		Girls	12/u, 13, 14-15, 16/over	HDW
304	50m Breaststroke		Boys	12/u, 13, 14, 15-16, 17/over	HDW
305	100m Butterfly		Girls	12/u, 13, 14-15, 16/over	HDW
306	100m Butterfly		Boys	12/u, 13, 14, 15-16, 17/over	HDW
307	200m Backstroke		Girls	12/u, 13, 14-15, 16/over	HDW
308	200m Backstroke		Boys	12/u, 13, 14, 15-16, 17/over	HDW

Session 4	Warm Up TBC	Start TBC
-----------	-------------	-----------

Event No.	Distance	Stroke	Gender	Age Group	HDW
401	200m Breaststroke		Girls	12/u, 13, 14-15, 16/over	HDW
402	200m Breaststroke		Boys	12/u, 13, 14, 15-16, 17/over	HDW
403	50m Backstroke		Girls	12/u, 13, 14-15, 16/over	HDW
404	50m Backstroke		Boys	12/u, 13, 14, 15-16, 17/over	HDW
405	100m Freestyle		Girls	12/u, 13, 14-15, 16/over	HDW
406	100m Freestyle		Boys	12/u, 13, 14, 15-16, 17/over	HDW
407	200m Individual Medley		Girls	12/u, 13, 14-15, 16/over	HDW
408	200m Individual Medley		Boys	12/u, 13, 14, 15-16, 17/over	HDW

Hamilton Aquatics Winter Wonder Qualifying Times

	FEMALE				EVENTS	MALE				
	12/under	13yrs	14-15yrs	16yrs/over		12/under	13yrs	14yrs	15-16yrs	17yrs/over
Qualifying Time	00:34.57	00:33.32	00:32.19	00:31.69	50m Freestyle	00:34.81	00:32.51	00:31.17	00:29.59	00:28.70
Consideration Time	00:38.38	00:36.99	00:35.73	00:35.18		00:38.64	00:36.08	00:34.59	00:32.85	00:31.86
Qualifying Time	01:16.11	01:12.24	01:09.67	01:08.98	100m Freestyle	01:16.22	01:11.14	01:07.87	01:04.29	01:02.82
Consideration Time	01:24.49	01:20.18	01:17.34	01:16.57		01:24.60	01:18.97	01:15.33	01:11.36	01:09.73
Qualifying Time	02:48.09	02:37.98	02:31.27	02:29.33	200m Freestyle	02:46.49	02:36.56	02:28.64	02:21.41	02:18.45
Consideration Time	03:06.58	02:55.36	02:47.91	02:45.75		03:04.80	02:53.78	02:44.99	02:36.97	02:33.68
Qualifying Time	05:57.10	05:32.62	05:18.84	05:18.68	400m Freestyle	05:55.47	05:35.50	05:18.71	05:01.97	04:57.69
	Maximum of 3 heats					Maximum of 3 heats				
Qualifying Time	00:40.31	00:38.59	00:36.35	00:35.84	50m Backstroke	00:40.08	00:37.51	00:35.34	00:33.23	00:32.96
Consideration Time	00:44.74	00:42.84	00:40.34	00:39.79		00:44.49	00:41.63	00:39.23	00:36.88	00:36.58
Qualifying Time	01:27.11	01:22.09	01:18.22	01:17.88	100m Backstroke	01:26.32	01:21.04	01:18.43	01:13.64	01:13.18
Consideration Time	01:36.69	01:31.12	01:26.82	01:26.45		01:35.82	01:29.95	01:27.05	01:21.75	01:21.23
Qualifying Time	03:22.70	02:54.15	02:48.83	02:47.00	200m Backstroke	03:07.29	02:55.27	02:50.67	02:40.44	02:40.00
Consideration Time	03:45.00	03:13.31	03:07.40	03:05.37		03:27.89	03:14.55	03:09.45	02:58.09	02:57.59
Qualifying Time	00:44.84	00:41.96	00:40.02	00:38.76	50m Breaststroke	00:45.51	00:42.69	00:39.92	00:37.32	00:36.61
Consideration Time	00:49.77	00:46.57	00:44.43	00:43.02		00:50.52	00:47.39	00:44.31	00:41.43	00:40.64
Qualifying Time	01:37.74	01:32.46	01:28.77	01:28.22	100m Breaststroke	01:38.47	01:32.49	01:28.74	01:23.38	01:22.10
Consideration Time	01:48.49	01:42.63	01:38.53	01:37.93		01:49.30	01:42.66	01:38.50	01:32.55	01:31.13
Qualifying Time	03:29.44	03:19.41	03:12.56	03:11.61	200m Breaststroke	03:36.14	03:21.59	03:13.49	03:02.67	03:00.56
Consideration Time	03:52.48	03:41.35	03:33.74	03:32.68		03:59.92	03:43.77	03:34.78	03:22.76	03:20.42
Qualifying Time	00:37.91	00:36.08	00:34.41	00:33.45	50m Butterfly	00:38.26	00:35.33	00:33.43	00:30.87	00:30.43
Consideration Time	00:42.08	00:40.04	00:38.19	00:37.13		00:42.46	00:39.22	00:37.11	00:34.26	00:33.77
Qualifying Time	01:25.67	01:20.54	01:16.77	01:15.45	100m Butterfly	01:28.01	01:21.23	01:17.32	01:11.07	01:09.03
Consideration Time	01:35.09	01:29.40	01:25.21	01:23.75		01:37.69	01:30.16	01:25.83	01:18.88	01:16.62
Qualifying Time	03:12.35	03:00.08	02:50.68	02:50.33	200m Butterfly	03:20.69	03:02.01	02:51.86	02:39.88	02:37.94
Consideration Time	03:33.51	03:19.89	03:09.46	03:09.07		03:42.76	03:22.03	03:10.76	02:57.47	02:55.31
Qualifying Time	01:21.57	01:17.69	01:13.80	01:13.07	100 Individual Medley	01:19.89	01:16.08	01:12.28	01:08.67	01:07.98
Consideration Time	01:25.65	01:21.57	01:17.49	01:16.72		01:23.88	01:19.89	01:15.89	01:12.10	01:11.38
Qualifying Time	03:08.78	02:57.37	02:50.99	02:47.89	200m Individual Medley	03:07.99	02:54.50	02:49.08	02:40.78	02:39.02
Consideration Time	03:29.54	03:16.89	03:09.79	03:06.35		03:28.66	03:13.69	03:07.68	02:58.47	02:56.51
Qualifying Time	06:39.53	06:21.41	06:02.98	06:01.54	400m Individual Medley	06:45.92	06:19.60	06:07.85	05:43.45	05:38.50
	Maximum of 2 heats					Maximum of 2 heats				

Hamilton Aquatics Winter Wonder Qualifying Times

Times can be achieved in either a 25m or 50m pool. 25m times must be converted to 50m times. Times must be achieved in competition licensed or ratified by the country within which the meet was held and should not be older than 12 months. The promoter will request validation of any stated entry time.